

POSITIVES AND NEGATIVES OF SMOKING - BLANK -



WHAT I <i>LIKE</i> ABOUT SMOKING	WHAT I <i>DON'T LIKE</i> ABOUT SMOKING
WHAT I <i>LIKE</i> ABOUT QUITTING	WHAT I <i>DON'T LIKE</i> ABOUT QUITTING

POSITIVES AND NEGATIVES OF SMOKING - *SAMPLE* -



WHAT I <i>LIKE</i> ABOUT SMOKING	WHAT I <i>DON'T LIKE</i> ABOUT SMOKING
<p>It's something I have control over.</p> <p>It gives me a break, five minutes to relax.</p> <p>It helps me calm down when I get frustrated or mad (sometimes this helps me to be a better parent).</p>	<p>It's harder to breathe.</p> <p>The smoke is bad for my kids.</p> <p>Money!</p>
WHAT I <i>LIKE</i> ABOUT QUITTING	WHAT I <i>DON'T LIKE</i> ABOUT QUITTING
<p>My kids aren't exposed to second-hand smoke.</p> <p>Money!</p> <p>My health will be better.</p> <p>My day doesn't revolve around when I need another cigarette.</p>	<p>All my friends smoke - smoking is an easy way to connect.</p> <p>I love smoking a cigarette while drinking coffee.</p>

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