

Overview of the Tools, Resources, and Guidance to Support Practice and Policy Webinar

November 26, 2020 11am PT

The learning objectives for this webinar were to:

- Share new resources on perinatal substance use, designed to guide our practice and policy work going forth;
- Share a list of key research articles, practice documents, and experiences of women with lived/living experience that have been identified through the Provincial Perinatal Substance Use Project; and,
- Consider how these resources can be applied across various work-related contexts to advance support offered to pregnant and parenting women who use substances

Background:

There has been an emergence of new and developing resources related to perinatal substance use that are in line with the principles of the Perinatal Substance Use Project. This webinar acted as a roundtable discussion highlighting these resources and others that draw on personal experiences and research in key and related areas of policy and practice.

What was covered in this webinar:

Presenters discussed emerging resources related to maternity care, housing, trauma-informed and strengths-based approaches with Indigenous women, and empowering women (as seen on the right) Examples included:

- [Rooming-In Guideline for Perinatal Women Using Substances](#) (presented by Pamela Joshi, [Perinatal Substance Use Project](#))
- Care of the Newborn Exposed to Substances During Pregnancy (presented by Jola Berkman, [Perinatal Services BC](#))
- A framework for housing continuum for perinatal substance use (presented by Alison Silgado, Consultant)
- Honouring Indigenous Women's Resilience: A health care practice resource created by aunties, mothers, grandmothers, daughters, and sisters to support culturally safe and humble, trauma-informed perinatal care with Indigenous women and families (presented by Lucy Barney, [Perinatal Services BC](#))



Hawkfeather Peterson powerfully situated the development of resources by discussing how parents with lived and living experience have and need to continue to have their voices integrated – and leading – the development of resources related to perinatal substance use.

This [resource list](#), developed by Julie Stinson, Nancy Poole, and Lindsay Wolfson ([Centre of Excellence for Women's Health](#)), is a living document where the above resources will continue to be added as they are released.