

Levels 3 and 4 - Holistic Support in Pregnancy & Postpartum: Preventing FASD, Promoting Women's Wellness

Research about preventing Fetal Alcohol Spectrum Disorder (FASD) is advancing across the globe. We now have research about the many levels of prevention - on awareness building approaches, on safe and respectful conversations about alcohol use with pregnant women, and on holistic support services for pregnant women and new mothers' experiences alcohol problems and other health and social concerns.

Through the Preventing FASD, Promoting Women's Wellness virtual seminar series, we hope to make it possible for all countries to have access to what is known about preventing alcohol use in pregnancy. The goal of the series is to:

- provide service providers and leaders across the globe with access to FASD prevention research to inform their work;
- link researchers who are studying topics pertinent to FASD prevention; and,
- share examples of evidence on FASD prevention in an accessible way.

In this seminar:

This seminar is the final video in a five-part series. In this video, Canadian researchers describe multi-service programs supporting pregnant and parenting women who use substances.

Dr. Deborah Rutman from the University of Victoria and Nota Bene Consulting Group and Carol Hubberstey from the Nota Bene Consulting Group describe [evaluative outcomes for eight holistic wraparound programs](#) that support pregnant and parenting women who use substances.

Dr. Mary Motz, a clinical psychologist with Mothercraft Breaking the Cycle and York University shares findings from the Breaking the Cycle multiservice program for pregnant and parenting women who use substances and their children.

Dr. Nancy Poole facilitates the seminar, reflecting on the ways in which Level 3 and 4 programs holistically respond to women and their children's health and social needs.

